

Organic Yoga Company, RYS  
~For a natural & sustainable practice  
2401 So. 2<sup>nd</sup> Ave., Sioux Falls, SD 57105

Application for Acceptance into OYC's TT 200 program:  
(complete, sign & mail both pages to the above address)

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
Phone: \_\_\_\_\_  
Email: \_\_\_\_\_

\$65 deposit enclosed \_\_\_\_\_

1. Briefly tell your story. Include what training or experiences in your background you might draw upon as a yoga teacher (other schooling or degrees, teaching experience, and significant life experiences, etc.).

2. Describe your personal yoga practice (for example, how long have you studied? What does your personal practice look & feel like? What do you like most about yoga and how has yoga affected your life?)?

3. Why do you want to do this teacher-training program? What are your expectations of this program?

4. How did you hear about the program?

5. Although this program is a mix of academics & practice, are you physically & emotionally healthy & able to do the long hours of this program? Yes \_\_\_\_\_ No \_\_\_\_\_ \* If, "No" please explain on the back of this sheet.

\* All students are advised to consult their doctor before beginning any program of physical activity including yoga.

I have read and understand this yoga teacher training application.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

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## Release Agreement

I, \_\_\_\_\_, hereby agree to the following:

The student is aware that participation in yoga teacher training may result in accident or injury, and the student assumes the risk connected with the participation in yoga teacher training, and states that the student is in good health and suffers from no physical impairment that would limit the ability to perform yoga safely.

The student specifically agrees that neither Nancy C. Hong, nor Organic Yoga Company, nor its faculty, shall be liable for any claim demand, cause of action of any kind whatsoever for, or on account of personal injury, death, property loss, or damage of any kind resulting from or related to student's participation in yoga teacher training or any activity with the class, or teacher training, or on the property.

I have read the above release and waiver of liability and fully understand its contents. I voluntarily agree to the terms and conditions stated above.

Date: \_\_\_\_\_ Name: \_\_\_\_\_